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(12) **United States Patent**  
**Szynalski**

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(54) **STOP SMOKING METHOD AND COMPOSITION**

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\* cited by examiner

(\*) **Notice:** Subject to any disclaimer, the term of this patent is extended or adjusted under 35 U.S.C. 154(b) by 0 days.

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(57) **ABSTRACT**

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(52) **U.S. Cl. .... 434/262**

(58) **Field of Search ..... 514/282, 343; 424/449; 434/262**

The inventor discloses a unique, new and useful process to reduce tobacco smoking, entitled Stop Smoking Method and Composition, consisting of: (1) educating tobacco smokers regarding smoking, its physiological dangers and addictive nature, and techniques to stop smoking; (2) hypnotizing said tobacco smokers, and (3) providing dietary substances to address the nutritional needs of nicotine addiction and the nutritional challenges thereof.

(56) **References Cited**

**U.S. PATENT DOCUMENTS**

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**8 Claims, No Drawings**